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## **Post-op instructions for implant placement**

You have had the insertion of a titanium implant in the bone of your jaw. It is normal to feel some numbness following the procedure until the local anesthetic wears off. There is usually very little pain associated with this procedure. Should you have continued numbness or severe pain, please call the office. You may have stitches in the area of the implant, please do not play with them. A surgical dressing may have been placed, please do not play with the dressing as it may come off. It is important to follow the post-op instructions for a successful outcome. You should have been given a ten day follow up appointment. If you were not given an appointment please call the office to schedule one.

1. Be sure to get your prescriptions filled right away.
2. Take your first dose of the antibiotic as soon as you receive it from your pharmacy and then continue taking it until finished.
3. Take your pain medication as needed. Follow directions on the pharmacy bottle.
4. Rinse your mouth with salt water (1tsp. of salt to 8 oz. warm water) four times (i.e. after breakfast, lunch, dinner and bedtime) for 2 minutes.
5. If you have a prescription for Peridex (Chlorohexadine) rinse your mouth with this after the salt water rinse.
6. If you do not have a surgical pack over the implant, clean the area around and over the implant with a Q-tip. Be sure to keep it clean.
7. Brush the rest of your teeth at least three times per day.
8. Do not use an ultra-sonic brush in the area of the implant during the healing phase, or until cleared by your doctor.
9. Do not bite or chew on the implant area until cleared by your doctor.
10. It is important to continue to clean the area of the implant after it has healed with brushing and flossing.
11. If you have any concerns or problems with the implant area, call our office AT THAT TIME.
12. If you residual numbness (after 24 hours) call the office right away to schedule an evaluation.