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## **Sinus precautions**

Because your sinus is unusually large, your roots were long, or a combination of both, your sinus may have been entered during the extraction. There are special things that need to be done to prevent further complications:

1. Be sure to prevent pressure build-up in your nasal cavity. Do not blow your nose. Use nasal drops if prescribed, and if you must sneeze, open your mouth wide. Do not spit, do not use a straw.
2. There are stitches placed to help seal the opening that may develop. Try not to play with the stitches.
3. The medications prescribed are important and should be taken promptly.
4. Do not rinse mouth vigorously for several days.
5. **DO NOT SMOKE** for at least 5 days.
6. It is not uncommon to have a slight amount of bleeding from the nose for several days.
7. Notify the office if any symptoms develop that seem unusual to you.

However, the above precautions may fail, and an opening from your sinus to mouth may develop and persist. In that event, a surgical closure of this opening will be required to assure complete healing of the extraction site.