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Post-op instructions for immediate denture

You have just had multiple teeth extracted and the surrounding bone smoothed of sharp bony spicules. You have had stitches placed which you may need to have removed in ten days. You have had the insertion of an immediate denture(s). As explained pre-operatively, these may fit loosely until they have been re-lined by your dentist. It may difficult to talk for the first few days. Please follow the following instructions.

1. Keep mild pressure on the denture during the immediate post-op period to help stop any residual bleeding. Gauze packs are normally placed to help with mild pressure.
2. If there is excessive bleeding please call and return for evaluation.
3. Keep the denture(s) in place for the first 24 hours or until you see your dentist.
4. Most dentists want to see you in their office within one to two days after the surgery to evaluate the fit and occlusion of the denture.
5. Prescriptions are normally given for pain and at times for antimicrobial coverage. Be sure to have them filled right away and follow the directions on the bottle.
6. The evening of your surgery (leave the denture in) rinse your mouth with warm salt water (1/4 teaspoon salt in 8 oz. of water). Spit the salt water out.
7. The next day you can take the denture out and rinse with warm salt water four times per day (about every 4 hours).
8. If you have any sharp areas let us know at your follow up appointment.